



WUDINNA AREA SCHOOL

NEWSLETTER NO 10 TERM 2, WEEK 7, 14.06.18



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OUR SCHOOL VALUES:



DATES TO REMEMBER:

Governing Council Meeting
Tuesday 19 June 7.00pm

Tcharkulda Cross Country Run
Wednesday 20 June

Primary Social
Room 16-Friday 29 June
6.00-8.30pm

Year 10 Careers Trip/Year 12
Trip
Monday 2 – Friday 6 July

Term 2 ends – Assembly in
Rm 16 at 1.55pm; buses leave at
2.35pm
Friday 6 July

Term 3 begins
Monday 23 July

Year 5/6 & 6/7 Camp-
Arbury Park
Monday 23 July-Friday 27 July

Year 4 Camp-Erappa
Wednesday 1 August-Friday
3 August

School Photos
Wednesday 22 August

FROM THE PRINCIPAL

G'day Everyone

I hope everyone had a great break over the Queen's Birthday weekend.

Facilities

We have redeveloped an old office space in the Music Room so that our Too Smart programme can have a permanent home. I would like to thank Emma Bigg for her work getting the old office ship shape and Craig who did a great job removing some very well adhered shelving.

We have also installed a new air conditioner in the Communication Server Room in a bid to improve the performance of our computer equipment.

Pupil Free Day

Wudinna Area School and Elliston Area School staff had a very thought-provoking day with Brad Howard who took us through teaching Science, Technology, Engineering, and Maths (STEM). Brad also shared his experiences in teaching and business which gives him a unique insight into the needs of businesses and what they desire from new recruits. STEM is not a new concept for our school; we have been teaching STEM and staff have been actively engaged in programming and sharing their work. This Training and Development has provided added impetus to strive for greater change in how we deliver our subjects and it is an exciting space for teachers and students.



Volunteers

Reading is the cornerstone of a great education. We need volunteers to listen to students read in all classrooms across our school.

Governing Council

Our next meeting will be on Tuesday 19 June at 7.00pm in the Conference Room.

Let's hope we get some rain!!

Yours truly

Ned Loades

Principal

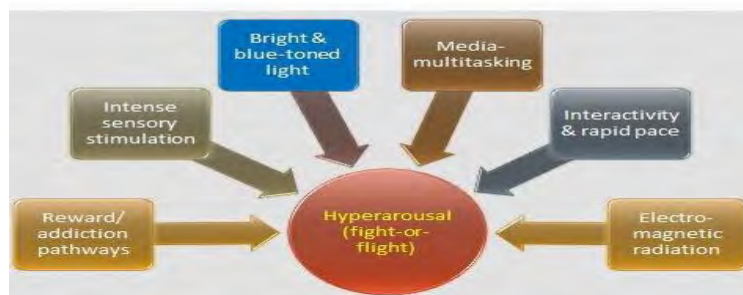
FROM THE ASSISTANT PRINCIPAL – PRIMARY

As mentioned in the previous newsletter the "Games & Gadgets" STEAM bus recently visited our school. The presenters sent teaching staff resources including this article which I thought I would share with everyone. The article is about gaming addiction and its effects on our students ...

Digital Dieting

It is true that video games can be good for our brains **but there is a dark side!** Microsoft spent millions of dollars researching Games Based Learning and how achievements stimulate our learning. During these studies and within research similar to this we have discovered that excessive gaming can lead to **dopamine depletion**.

NUMEROUS SCREEN-RELATED FACTORS TRIGGER STRESS



So why is it bad?

A hyper aroused and **mentally depleted child** will have trouble paying attention, managing emotions, suppressing impulses, following directions, tolerating frustration, accessing creativity and compassion, and executing tasks. Try getting them to pay attention in class or when reading at home after they've spent an entire night sitting in the dark, blue-toned haze of a gamer's lair!

The moral of the story?

After 15 minutes of playing video games a child aged 3-9 is mentally depleted. Additionally 20-40 minutes for ages 10-12 would be a recommended limit.

There are four ways to manage the depletion:

- Drink water and eat healthy food
- A 30 minute break between sessions exercising, stretching or getting outside.
- Spending time with friends and family (gaming can be quite an anti-social behaviour - don't let people fool you with the "I play online" excuse, this is not real world interactions as we in the gaming world generally role-play an alternative persona)
- Go to bed early and get up early (if you believe your child has a serious problem staying up late and gaming, perhaps a good start might be encouraging them to wake up early to play their games - this will create a better habit in the future)

Pay attention to classifications!

Too often young students admit that they are playing games like Call of Duty or Grand Theft Auto. We need to pay attention to what they are playing, for when your child is spending excessive time playing violent video games they can experience some or all of the following behaviours; sleep deprivation, short temper, violence in the playground, bad language, rude or inappropriate behaviour.



SAPSASA Football and Netball

Well done to the students who participated in the SAPSASA Football and Netball Carnivals in Adelaide last week. Our footballers won 6 out of 10 games. The Team 1 netballers won 4 out of 9 games and Team 2 netballers won 2 and drew 1 out of 9 games.

Karen Lymn

Assistant Principal – Primary

FROM THE ASSISTANT PRINCIPAL – SECONDARY Year 10 & 12 Camps

The students are looking forward to their visit to Adelaide in just a few weeks' time. We have begun the process of looking at public transport options for the students

dependent on their accommodation location and had a preliminary look at the camp booklet so that students are very clear about the required documentation that they will need to maintain so that they can complete the assessment tasks upon their return to school in Term 3. Neil Seaman will be accompanying me on the camp and is to be thanked for his willingness to drive the bus. There are clear requirements for appropriate behaviour whilst on the trip – please note that if students misbehave they could be returned to Wudinna at parents/caregivers expense. This is not anticipated as all students have agreed to uphold the school values of *Respect, Responsibility & Honesty*.

SAPOL Visit

On Thursday 21 June (Week 8 of this term), Senior Constable Merrilyn Millar will visit the school and give a 90 minute presentation to Year 10 & 11 students called *The Fatal Five*.

SAPOL presents a powerful and interactive program that discusses road safety issues, including the "Fatal 5" causes of road crashes such as: Speeding, not wearing a Seat Belt, Dangerous Road Users, Impaired Driving (alcohol, drugs, fatigue) and Distractions. Braking distance, Standard drink calculations and driver attitudes are discussed with students to help reduce their risk of becoming a crash statistic. The concept of Choices, Risks and Consequences is also discussed with students. This program is developed using contemporary government road safety messaging through a partnership with the Motor Accident Commission (MAC). This is always a very informative and thought provoking presentation related to the importance of staying safe on the roads.

The Year 12 students will be presented (for the first time) with *Getting Home Safely*

This session is designed to strengthen past road safety training by empowering students to make informed choices and continue to develop safer driving behaviours through open discussion on subjects such as peer group pressure, choices, risks and consequences. The session documents an actual fatal crash which occurred on 'Muck Up Day', the final day of school when an 18-year old driver crashes while unlicensed, drink driving and speeding. The crash kills one passenger and injures another. The Police Officer explores the crash and the subsequent social and legal consequences with the students.

We look forward to her visit next week.

End of semester

It is a busy time in Secondary classrooms at present as Semester 1 is quickly coming to a close. Stage 1 & 2 students are polishing their final pieces for assessment as results close shortly. Year 8-10 students are also completing work units in readiness for starting new ones upon our return to school in Term 3. Semester 2 commences at the start of the term with subject options changing for many of the students across the Secondary school. Use these last couple of weeks to polish up work in readiness for assessment and to maximise the result that you will be awarded in your Semester 1 Report.

Glenys McGuire

Assistant Principal – Secondary

FROM THE PASTORAL CARE WORKER

I have recently spent some time in Mrs Wendland's Year 9 sewing classes and am really impressed with the students enthusiasm and creativity toward their work. Some of the young people are making floor cushions, some are designing their own bright "hoodie" jumpers and we even have a student making a spear-gun cover! Well done Year 9's and Mrs Wendland for her patience! Cheers! *From Carol*

SAPSASA FOOTBALL

From 28 May to 1 June in Adelaide we represented Central Eyre Peninsula in the SAPSASA Football carnival. We won 6 out of our 10 games. As one of our activities we went to putt putt golf at Adelaide Shores, which was fun. For tea on Tuesday night we went to The Watermark, which is an all you can eat buffet. We had a lot of fun and ate a lot of food and ice cream. On Thursday afternoon 14 players and their parents went to Richmond to go go-karting and play laser skirmish. We finished off the week with a win on Friday morning against Whyalla.

Ezra Foster, Jackson Petty, Jake Mullan, Reef Tomney and Balyn O'Brien



SAPSASA NETBALL TEAM 1

From 28 May to 1 June in Adelaide we represented Central Eyre Peninsula in the SAPSASA Netball. We won four out of nine games all up. On the Monday we had a team bonding activity which was ten pin bowling and on the Tuesday we had dinner at The Watermark with the footballers.

Rani Tomney, Regan O'Brien and Ruby Oswald

SAPSASA NETBALL TEAM 2

From 28 May to 1 June, we went to Adelaide to play SAPSASA netball at Priceline Stadium, it was fun. Team 2 beat Whyalla and Pirie and tied one game. During one of our games, one of our defenders damaged her growth plate in her foot and was out for the rest of the week. We went bowling and played laser skirmish with the netball team and went to Watermark with the football team.

Willow May and Brianna Rigden

YEAR 10 MIXED VOLLEYBALL COMPETITION

On Thursday 24 May the Year 10 class participated in a mixed volleyball competition held at Wudinna Area School. The class competed against two teams from Streaky Bay Area School, Whyalla Stuart High School and Cummins Area School. Everyone participated well throughout the day and there was an improvement in skills and tactical knowledge from playing against different styles of play throughout the day.

Stuart High School Team One took out the Division A Competition while our Wudinna team took out the Division B Competition. A worthy result for our students who used their lunchtimes to practice for the competition as they have no Physical Education lessons this semester. Well done to all students.



*Brayden Chambers
Sports Coordinator*

LOST & FOUND

A Ripcurl watch was found in the computing room a few weeks ago. If you think this may be yours, please come and claim it at the Front Office.

We have lots of lost property in the Front Office. If you are missing any containers or clothing please come in and have a look to see if it is here.



The School Dental Service is Back!!

Yes that's right – FREE Dental Care for all eligible school and pre-school children, 0-18 years. Keep an eye out for your child's consent form, which will be distributed by their home group teachers.

Prompt return of these forms is required for your child to be included in the examinations, which will take place at the start of Term 3 (dates to be confirmed).

If you are not eligible for the School Dental Scheme (SDS), then you qualify for the **Child Dental Benefits Scheme (CDBS)**, where your child is eligible to receive up to \$1,000 of dental treatment over a 2 year period.

We are also able to offer CDBS eligible children **Bulk Billing**. So no matter which scheme your child is eligible for there will be no out of pocket expenses.

DENTAL ON EYRE
Located in Cleve and Wudinna
(08) 8628 2355

FUNDRAISER FOR THE WUDINNA SHOW ENTERTAINMENT COMMITTEE



CUSTOMER ORDER FORM

WE ARE RAISING SOME MUCH NEEDED DOUGH!

PRODUCT	QUANTITY	TOTAL
Original Glazed®		\$
Fundraising Half half		\$
Fundraising Assorted		\$
TOTALS		\$

CUSTOMER DETAILS

Name.....

Class / Team name.....

Wudinna Show Entertainment

Please return order form and payment by : 22/ 06/ 18



One dozen Original
Glazed® doughnuts

\$19⁹⁵



One dozen half
half doughnuts

\$22⁹⁵



One pack assorted
dozen doughnuts

\$27⁹⁵

Please return forms and payment to the Wudinna Post Office

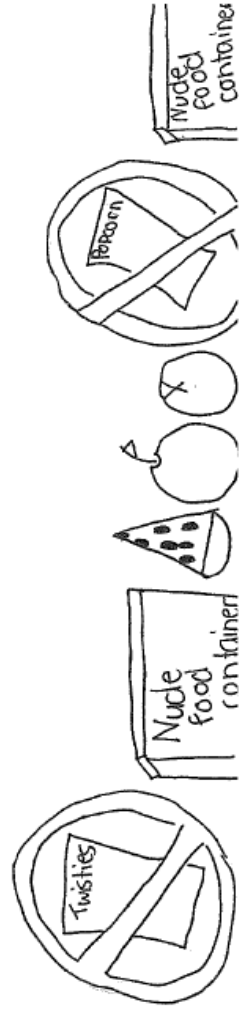
Primary SRC

NUDE food WEEK

Next Week - Week 8

Help our school minimise single-use plastic and rubbish.

Competition to be held on an unknown day during the week. The class with the least amount of rubbish from their lunch boxes will win a prize!



Primary SRC Social Friday Week 4

29.06.18

TIME Come as you like

TIME 6:00pm - 8:30pm

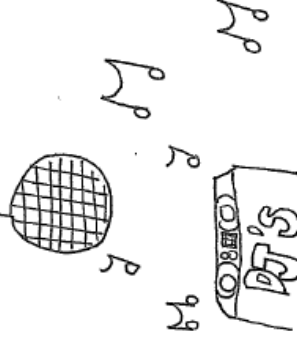
WHERE Room 16 (Inside only)

\$2 entry fee

DJs Kaya Beard & Leah DuBois

FOR SALE -
"pick your own lollies"
Lolly Bags
Homemade treats
Savouries
Punch drink

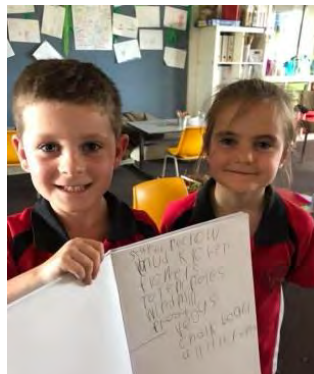
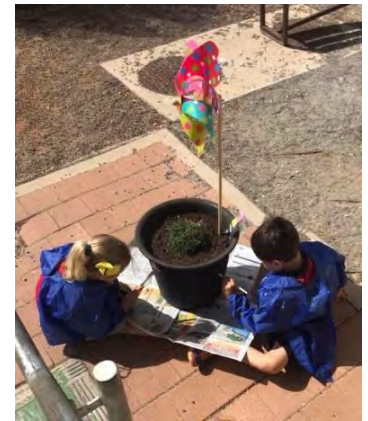
Please bring a full water bottle with your name on it



Students to be dropped off and collected by an ADULT

Gardening with Miss Vickery's R/1 class

This semester the students in Miss Vickery's R/1 class have been working hard to upgrade the garden at the end of the decking classrooms. Thank you to all of the parents in our class who have donated supplies and their time! Special thanks go to Geoff Martin for building and donating an amazing Mud Kitchen and Fiona Simpson for building and donating our new pallet furniture! Additional thanks go to Alicia Dupree, Nicole Clark, Neil Seaman, Susie Chapman and Marilyn Scholz for donating various supplies to our garden project!



Planning, designing and building our garden

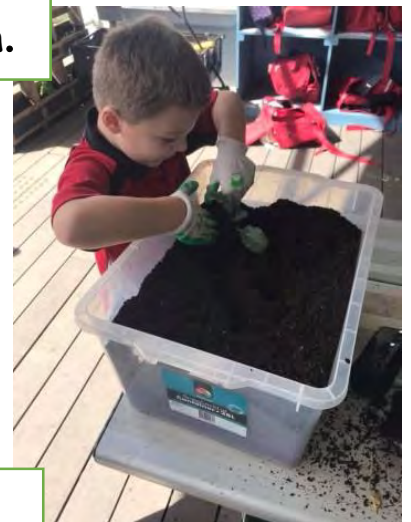


Scan this QR code to the right and take a guided tour of our garden!
(Open the camera on your smart device and put the camera over the QR code)





Planting herbs in our pallet planter and working in the vegetable patch.



Gardening with the Year 6/7s.



Everyone enjoys playing in the mud kitchen!
Thank you Geoff Martin!

